

Find the Good By Haley Kahn

Although in the beginning, students were excited for two weeks off from school, quarantine last spring proved to be much more serious than we all could have imagined. I, for one, was exhausted from school and looking forward to some time off. However, as quarantine continued to get extended over and over, I realized I had to find something to fill my time as I was not going to be able to see my friends for some time. At this time, I picked up my ukulele. Although I had my ukulele for over a year, I never seriously got into playing it or learning cool songs to play. Stuck at home with nothing else to do, I decided to learn some songs to entertain myself, my family, and my friends over FaceTime. In just a month, I had already mastered a dozen songs, and played for several hours each day. My extra free time had given me the ability and time to develop a new skill that would stimulate my mind and prevent me from boredom.

Although being stuck in quarantine was frustrating, it is important to look for the silver linings in life. This excess of free time granted all of us an unprecedented opportunity to better ourselves through new hobbies or learned skills, such as gardening, cooking, drawing, or music. When there's a situation that you can not change, instead of moping, take the opportunity to find the good where there is an overwhelming amount of darkness.